

## SMMS PARENT RESOURCE CENTER MATERIALS

### Magazine:

*Scholastic Parent and Child* , monthly

### Books:

*How to Talk so Kids Can Learn at Home and in School* , Adele Faber

*Kids, Parents, and Power Struggles* , Mary Sheedy Kurcinka

*Coaching Your Kids to Be Leaders* , Pat Williams

*Family Rules: Helping Stepfamilies and Single Parents . . .* , Jeannette Lofas

*Blending Families: a Guide . . .* , Elaine Fantle Shimberg

*Transforming the Difficult Child: the Nurtured Heart Approach* , Howard Glasser

*Yes, Your Teen is Crazy: Loving Your Kid Without Losing Your Mind* , Michael Bradley

*Don't Sweat the Small Stuff for Teens: Simple Ways to Keep your Cool in Stressful Times* , Richard Carlson

*Parenting Teens with Love and Logic: Preparing Adolescents for Responsible Adulthood* , Foster Cline

*Chicken Soup for the Parents Soul: Stories of Loving, Learning, and parenting* , Jack Canfield

*Everyday Opportunities for Extraordinary Parenting* , Bobbi Conner

*Daily Reflections for Highly Effective Teens* , Sean Covey

*The Big Turnoff: Confessions of a TV Addicted Mom Trying to Raise a TV Free Kid* , Ellen Currey-Wilson

*Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child* , Maurice J. Elias

*The Hurried Child: Growing Up Too Fast, Too Soon* , David Elkind

*Cliques: 8 Steps to Help Your Child Survive the Social Jungle* , Charlene Giannetti

*Unhappy Teenagers: A way for Parents and Teachers to Reach Them* , William Glasser

*Nurture Your Child's Gift: Inspired Parenting* , Caron Goode

*Raising Confident Boys: 100 Tips for Parents and Teachers* , Elizabeth Hartley-Brewer

*The Middle School Years: Achieving the Best Education for Your Child* , Michele A. Hernandez

*I'm Not Your Friend, I'm Your Parent: Helping Your Children Set the Boundaries They Need--and Really Want* , E.D. Hill

*Raising Healthy Eaters: 100 Tips for Parents* , Henry Legere

*Closing the Gap: A Strategy for Bringing Parents and Teens Together* , Jay McGraw

*Life Strategies for Teens* , Jay McGraw

*Positive Discipline for Teenagers: Empowering Your Teens and Yourself Through Kind and Firm Parenting* , Jane Nelsen

*Children Learn What They Live: Parenting to Inspire Values* , Dorothy Nolte

*Surviving Your Adolescents* , Thomas W. Phelan

*Staying Connected to You Teenager: How to Keep Them Talking to You and How to Hear What They're Really Saying* , Michael Riera

*The Overachievers: The Secret Lives of Driven Kids* , Alexandra Robbins

*Our Last Best Shot: Guiding Our Children Through Early Adolescents* , Laura Sessions Stepp

*More Than Bake Sales: The Resource Guide for Family Involvement* , James Vopat

*Queen Bees and Wannabes: Helping Your Daughter Survive Cliques* , Rosalind Wiseman

### Equipment:

Computer

Printer